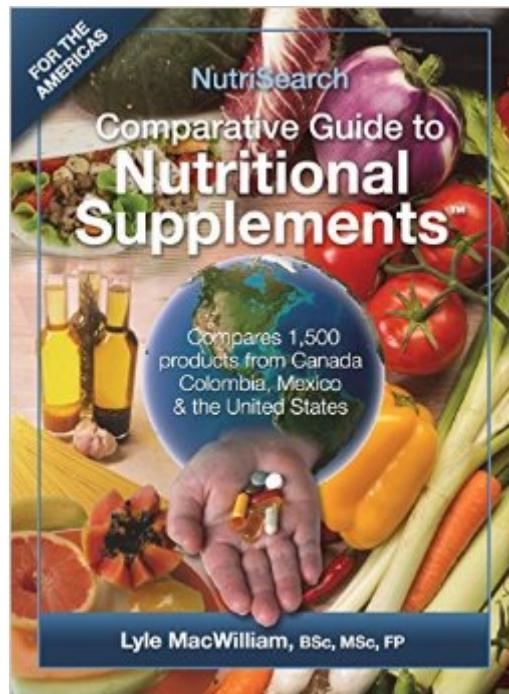


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# NutriSearch Comparative Guide To Nutritional Supplements For The Americas (English)



## **Synopsis**

This inaugural edition of the NutriSearch Comparative Guide to Nutritional Supplements for the Americas™ provides a compilation of scientifically based information on nutritional supplementation compiled from the 3rd, 4th, and 5th editions of our comparative guides. The central roles of oxidative stress and inflammation in the onset of chronic degenerative disease are explained. The preventive roles of dietary antioxidants are discussed. The fundamental question of why we need to supplement is answered. The importance of supplementation with two ancient antioxidants, vitamin D and iodine, is highlighted. With exhaustive market research on dietary supplements available throughout the Americas, the guide offers a comprehensive single-point reference for evaluating and comparing nutritional supplements within diverse international markets: 1500 products from Canada, Colombia, Mexico, and the United States evaluated. 18 Health Support criteria enhanced to accommodate new research findings. Highest rated products from leading manufacturers by market share for each country graphically displayed. Best of the Best product in each country revealed. See how your nutritional supplements compare with others. Learn about the consequences of global nutrient depletion of our foods. Read about the remarkable protective powers afforded by natural health products.

## **Book Information**

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## **Customer Reviews**

This book is lacking in any kind of substantial information. It's edited and published just for promoting USANA and does not contain any objective information whatsoever. It even goes as far as to remove a lot of the competition in the US version of the book just so it can oversimplify the data to point out USANA.

Very difficult to use, and contained only multi-vitamins--no individual supplements.

If you are looking for any kind of comprehensive guide to supplements this is not it. There are very few comparisons. If you know nothing about vitamins the lecture that takes up most of the slim book will help to educate you.

I like this booklet as it is always difficult to get input as to which supplements make the grade. Most doctors will not give out product recommendations.

Lyle MacWilliam provides a clear, unbiased, and scientifically supported comparative analysis of all available nutritional supplements. With this book he gives consumers the information they need to make an informed decision in their own behalf. I am impressed by the rigor of his study and the specific information that his reference book provides.

I like the book. Tons of info. and I love the guide rating in the back of all the companies.

A wonderful, comprehensive guide, to help us determine our nutritional needs of our supplements.

This book is awfully technical and sometimes hard to understand. You can't just open it and look at a chart and know what it's trying to tell you.

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